



Small Group Clinical Mentoring

w/ Dr. Dionne Middlebrooks
of Reign Physical Therapy and Wellness LLC

Overview

Small group size is limited to 5 participants per cohort. This form of mentoring fosters a collaborative environment where participants can interact with one another and benefit from collective learning and shared experiences. The mentor plays a facilitative role, offering expertise, advice, and feedback to help group members achieve their goals. Small group mentoring allows for personalized attention, promotes peer-to-peer learning, and encourages a sense of community and accountability among the participants.

What is the focus of the group?

The group will focus on professional growth through exploration of individual strengths and weaknesses, collaborative based problem solving, and treatment progression of complex patient cases. Cases will include scenarios specific to cases that can be seen in a sub-acute, outpatient, or home health based setting and will foster the importance of physical therapists enhancing their comfort with differential diagnostics in serving as a primary provider. In focusing on professional development, we also emphasize the importance of longevity within the field by addressing burnout and stress management.

Additional information

- 6 group meetings over a period of 3 months
- Virtual meetings lasting 75–90 minutes
- Pre & post session assignments
- Each participant receives 2 complimentary 30-minute individual sessions outside of regular group meetings

Pricing

\$450

Questions?

Contact us at
mentor@reignpt.com